animal products such as red meat, shellf sh, Intrinsic factor is a glycoprotein produced by parietal cells hematologic and neurological symptoms. Signs and symptoms including: • Headaches DepressionPale or yellow skin · Paraesthesia in hands and feet

Neurological impairment in older persons is common with

- Paraesthesia
- · Gait ataxia
- · Altered smell and taste

• Muscle cramps and weakness

- LethargyExtrapyramidal signs

Helicobacter pylori-related

coeliac disease.
gastric surgery.
Proton pump inhibitorsH2-receptor antagonists
especially with higher doses and long-term use.
In a separate study ultrahigh-dose of methylcobalamin,

Treatment