

Benzodiazepines and risk of dementia

At least half of all residents of Australian residential aged care facilities have dementia. Use of psychotropic medications in residential aged care is high, with nearly two-thirds of residents prescribed antidepressants, antipsychotics or benzodiazepines. Use of psychotropic medications before entering residential care is also high, and nearly one-third of residents are prescribed at least one benzodiazepine

20% of residents were prescribed regular that over 30% of benzodiazepines are charted 'as-needed'.

The Choosing Wisely Australia and the Australian and New

Zealand Guidelines for the Prescribing of Benzodiazepines

and the Australian and New Zealand Guidelines for the Prescribing of Benzodiazepines

Benzodiazepine use

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Use of benzodiazepines in residential aged care facilities

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